

CHRIST COLLEGE JAGDALPUR

SESSION 2018-19

WOMEN CELL

REPORT ON SAFETY AND SELF DEFENCE TRAINING PROGRAMME

A three day self defence training programme was organized by women cell of Christ College Jagdalpur on 5th March 2019 to 7th March 2019. In Self defence training programme the girl students of our college were trained by black belt Miss Maksuda Hussain .Almost 110 girls participated in this programme .The programme was supported by the Principal Fr.Thomas V.V and was led by Women Cell coordinator Miss Anupama Sharma,Dr.Vijaylaxmi Bajpai,Dr Jessie Jose,Dr Sr. Ancy, Miss Jagyasaeni Panigrahi, Miss Vandana Choure and Uma Vastrakar. The programme aimed at learning the techniques of one's own safety and right to defend oneself in all situations.





Co-ordinator

Principal